

## 2023 Israel National Track Cycling Championship

Day	DATE		Start	Est. End
Training Day	Tuesday	21/03/23	14:00	18:00
Day 1	Wednesday	22/03/23	10:00	18:51
Day 2	Thursday	23/03/23	10:00	20:15
Day 3	Friday	24/03/23	10:00	16:00
Day 4 - CL2	Saturday	25/03/23	09:00	16:52

### DAY 1 - WED 10:00

**22/03/23**

Time	Event	Stage	Category	Distance	Laps	Est. Time
10:00 - 13:07	Sprint	flying 200m	WU17		3.5	5
	Sprint	flying 200m	WJ / WM / WE		3.5	5
	Sprint	flying 200m	MU17		3.5	7
	Sprint	flying 200m	MJ		3.5	5
	Sprint	flying 200m	ME / MM		3.5	8
	Scratch	Final	M masters	7.5	30	14
	Ind. Pursuit	Qualifying	WU17	2	8	20
	Ind. Pursuit	Qualifying	MU17	2	8	32
	Ind. Pursuit	Qualifying	MJ	3	12	18
	Ind. Pursuit	Qualifying	M Masters	4	16	28
	Ind. Pursuit	Qualifying	ME	4	16	30
	Scratch	Qualification	MU17	4	16	15
Break						
14:30 - 18:51	Sprint	Quarter Final	MU17	0.75	3	8
	Scratch	Final	Women	5	3	10
	Scratch	Final	MU17	7.5	3	12
	Scratch	Final	MJ	10	40	17
	Scratch	Final	ME	15	60	22
15:39	Scratch Ceremony					5
	Ind. Pursuit	Finals	WU17	2	8	8
	Ind. Pursuit	Finals	WJ	2	8	4
	Ind. Pursuit	Finals	MU17	2	8	8
	Ind. Pursuit	Finals	MJ	3	12	12
	Ind. Pursuit	Finals	M Masters	4	16	14
	Ind. Pursuit	Finals	ME	4	16	14
16:44	Ind. Pursuit Ceremony					5
	Points Race	Final	Women	15	60	25
	Points Race	Final	MU17	15	60	25
	Points Race	Final	MJ	15	60	25
	Points Race	Final	ME	30	120	42
18:46	Points Race Ceremony					5

**DAY 2 - THU 10:00****23/03/23**

Time	Event	Stage	Category	Distance	Laps	Est. Time
10:00 - 12:50	Scratch	Omnium I	MU17	5	20	11
	Scratch	Omnium I	Women	5	20	11
	Scratch	Omnium I	MJ	7.5	30	15
	Scratch	Omnium I	ME	10	40	18
	Tempo Race	Omnium II	MU17	5	20	11
	Tempo Race	Omnium II	Women	5	20	11
	Tempo Race	Omnium II	MJ	7.5	30	15
	Tempo Race	Omnium II	ME	10	40	18
	Elimination	Omnium III	MU17			20
	Elimination	Omnium III	Women			11
	Elimination	Omnium III	MJ			16
	Elimination	Omnium III	ME			13
Break						
14:30 - 20:15	Sprint	Semi Final 1	WU17	0.75	3	10
	Sprint	Semi Final 1	WE/WM/WJ	0.75	3	10
	Sprint	Semi Final 1	MU17	0.75	3	10
	Sprint	Semi Final 1	MJ	0.75	3	5
	Sprint	Semi Final 1	ME	0.75	3	10
	Points Race	Omnium IV	MU17	15	60	23
	Sprint	Semi Final 2	WU17	0.75	3	10
	Sprint	Semi Final 2	WE/WM/WJ	0.75	3	10
	Sprint	Semi Final 2	MU17	0.75	3	10
	Sprint	Semi Final 2	ME	0.75	3	10
	Points Race	Omnium IV	Women	20	80	30
	Sprint	Semi Final 3	WU17	0.75	3	4
	Sprint	Semi Final 3	WE/WM/WJ	0.75	3	4
	Sprint	Semi Final 3	MU17	0.75	3	4
	Sprint	Semi Final 3	ME	0.75	3	4
	Points Race	Omnium IV	MJ	20	80	30
	Sprint	Final 1	WU17	0.75	3	10
	Sprint	Final 1	WE/WM/WJ	0.75	3	10
	Sprint	Final 1	MU17	0.75	3	10
	Sprint	Final 1	MJ	0.75	3	5
	Sprint	Final 1	ME	0.75	3	10
	Points Race	Omnium IV	ME	30	120	43
	Sprint	Final 2	WU17	0.75	3	10

	Sprint	Final 2	WE/WM/WJ	0.75	3	10
	Sprint	Final 2	MU17	0.75	3	10
	Sprint	Final 2	MJ	0.75	3	5
	Sprint	Final 2	ME	0.75	3	10
19:47	<b>Omnium Ceremony</b>					5
	Sprint	Final 3	WU17	0.75	3	4
	Sprint	Final 3	WE/WM/WJ	0.75	3	4
	Sprint	Final 3	MU17	0.75	3	4
	Sprint	Final 3	MJ	0.75	3	2
	Sprint	Final 3	ME	0.75	3	4
20:10	<b>Points Race Ceremony</b>					5

<b>DAY 3- FRI 10:00 - 16:00</b>				<b>24/03/23</b>		
Time	Event	Stage	Category	Distance	Laps	Est. Time
10:00 - 12:20	TT 500M	Final	WM / WJ	0.5	2	5
	TT 500M	Final	WU17	0.5	2	10
	TT 500M	Final	MU17	0.5	2	13
	TT 1K	Final	MJ	1	4	12
	TT 1K	Final	M Masters	1	4	12
	TT 1K	Final	ME	1	4	9
11:01	<b>Time Trail Ceremony</b>					5
	Elimination	Final	MU17			12
	Elimination	Final	MJ			20
	Elimination	Final	Women			8
	Elimination	Final	M masters			17
	Elimination	Final	ME			12
12:15	<b>Elimination Ceremony</b>					5
<b>Break</b>						
13:00 - 16:00	Keirin	Semi Finals	Women	1.5	6	10
	Keirin	Semi Finals	MU17	1.5	6	15
	Keirin	Semi Finals	ME / MJ	1.5	6	10
	Madison	Final	ME / MJ	30	120	44
	Rolling 250 m	Final	U15 U13	0.5	2	30
	Keirin	Finals	Women	1.5	6	10
	Keirin	Finals	MU17	1.5	6	10
	Keirin	Finals	ME	1.5	6	10
15:19	<b>Madison Ceremony</b>					5
	Longest Lap	Final	U15	0.5	2	8
	Longest Lap	Final	U13	0.5	2	8
15:40	<b>Keirin Ceremony</b>					5

	<b>Scratch</b>	<b>Final</b>	<b>U15</b>	<b>5</b>	<b>20</b>	<b>10</b>
<b>15:55</b>	<b>All Kids Ceremony</b>					<b>5</b>

<b>DAY 4- SAT 09:00</b>				<b>25/03/23</b>		
<b>Time</b>	<b>Event</b>	<b>Stage</b>	<b>Category</b>	<b>Distance</b>	<b>Laps</b>	<b>Est. Time</b>
<b>09:00 - 12:08</b>	<b>Sprint</b>	<b>flying 200m</b>	<b>Men</b>		<b>3.5</b>	<b>11</b>
	<b>Scratch</b>	<b>Omnium I</b>	<b>Women</b>	<b>7.5</b>	<b>30</b>	<b>15</b>
	<b>Scratch</b>	<b>Omnium I</b>	<b>MJ</b>	<b>7.5</b>	<b>30</b>	<b>15</b>
	<b>Scratch</b>	<b>Omnium I</b>	<b>ME</b>	<b>10</b>	<b>40</b>	<b>18</b>
	<b>Sprint</b>	<b>Quarter Final</b>	<b>Men</b>	<b>0.75</b>	<b>3</b>	<b>15</b>
	<b>Tempo Race</b>	<b>Omnium II</b>	<b>Women</b>	<b>7.5</b>	<b>30</b>	<b>15</b>
	<b>Tempo Race</b>	<b>Omnium II</b>	<b>MJ</b>	<b>7.5</b>	<b>30</b>	<b>15</b>
	<b>Sprint</b>	<b>Semi Final 1</b>	<b>ME</b>	<b>0.75</b>	<b>3</b>	<b>10</b>
	<b>Tempo Race</b>	<b>Omnium II</b>	<b>ME</b>	<b>10</b>	<b>40</b>	<b>18</b>
	<b>Sprint</b>	<b>Semi Final 2</b>	<b>ME</b>	<b>0.75</b>	<b>3</b>	<b>10</b>
	<b>Elimination</b>	<b>Omnium III</b>	<b>Women</b>			<b>6</b>
	<b>Sprint</b>	<b>Semi Final 3</b>	<b>ME</b>	<b>0.75</b>	<b>3</b>	<b>4</b>
	<b>Elimination</b>	<b>Omnium III</b>	<b>MJ</b>			<b>13</b>
	<b>Elimination</b>	<b>Omnium III</b>	<b>ME</b>			<b>13</b>
	<b>Keirin</b>	<b>Semi Finals</b>	<b>ME</b>	<b>1.5</b>	<b>6</b>	<b>10</b>
<b>Break</b>						
<b>13:30 - 16:52</b>	<b>Sprint</b>	<b>Final 1</b>	<b>ME</b>	<b>0.75</b>	<b>3</b>	<b>10</b>
	<b>Points Race</b>	<b>Omnium IV</b>	<b>MJ</b>	<b>20</b>	<b>80</b>	<b>30</b>
	<b>Sprint</b>	<b>Final 2</b>	<b>ME</b>	<b>0.75</b>	<b>3</b>	<b>10</b>
	<b>Points Race</b>	<b>Omnium IV</b>	<b>Women</b>	<b>20</b>	<b>80</b>	<b>30</b>
	<b>Sprint</b>	<b>Final 3</b>	<b>ME</b>	<b>0.75</b>	<b>3</b>	<b>4</b>
	<b>Points Race</b>	<b>Omnium IV</b>	<b>ME</b>	<b>30</b>	<b>120</b>	<b>45</b>
	<b>Keirin</b>	<b>Finals</b>	<b>ME</b>	<b>1.5</b>	<b>6</b>	<b>10</b>
	<b>Madison</b>	<b>Final</b>	<b>ME / MJ</b>	<b>30</b>	<b>120</b>	<b>43</b>
<b>16:32</b>	<b>Keirin Ceremony</b>					<b>5</b>

	<b>Sprint Ceremony</b>	<b>5</b>
	<b>Omniun Ceremony</b>	<b>5</b>
	<b>Madison Ceremony</b>	<b>5</b>

NOTES